

High Lane U3A Newsletter

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SEPTEMBER 2007

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**Your article is needed
for a 25th Anniversary Newsletter
by 25th September**

To date I have received THREE articles for this special Newsletter. If we do not receive any further articles then the Special Edition Newsletter will not be viable Surely you can help.

What were you doing in

1982, was it a special year maybe a special birthday, anniversary, special holiday or change in your life at work, has your life changed over the 25 years of the U3A?

Perhaps there is something that happened during the life

of this U3A that is amusing or interesting, stir up the 'grey matter' and let the editor have YOUR story,

It would be a pity to let this opportunity go missing.

We need articles by 25th September PLEASE.

**Your last chance to buy a ticket for the Environment
Conference on 17th October 9.30am to 1.00pm**

*Have you bought your ticket yet?
This promises to be a really good*

*event with items that are of
interest to all and is open to all*

*U3As in the Pennine Link.
See the programme inside.*

Christmas Party

For the December Meeting we are repeating the party format of last year, where all groups provided a sketch, song or other item of interest to be enjoyed by all present. So put your thinking caps on and have your contribution ready this year, when you Group Leader asks for ideas.

Annual Lunch

Annual Lunch
You committee have decide that we will not have a 'Christmas Lunch', however we will be replacing it with an Annual Lunch to be held in January , well away from the other pressures the Christmas brings on our time. If you have strong objections to this move please make your feelings known to one of the committee

members.

The date will be JANUARY 23rd 2008. Put this date in your diaries. Tickets will be on sale at the November Meeting, first come first served, don't miss out on what promises to be a very nice occasion at Marple Golf Club.

Editor



A weekend of fresh air & fun at Hadrians Wall for our walkers

In flaming June, as most of England struggled to keep its head above water, a group of recruits chosen for their fitness and also keen to fight for the glory of Rome were despatched to Hadrian's Wall for an induction weekend.

Unfortunately since the barracks at Housesteads Fort were full they were billeted at the Centre of England Hotel at Haltwhistle, close to the line of the wall. Twenty-six brave foot soldiers, led by Centurion Stevius Reynoldius rendezvoused at lunch time on Friday and in the afternoon, with lovely sunshine, set out on a six mile training session from Haltwhistle. On low ground, occupied by grazing cattle, a couple of the recruits fell foul of the boggy conditions but gamely continued back to base – needless to say, they were not the first in the showers!!!! However it was observed that they could have been the forerunners to the very expensive mud spa treatment now enjoyed in the 21st century. After a wholesome three course evening meal all retired to their bunks for a good sleep ready for the main expedition the following day.

Despite the threat of torrential rain the troops were mustered by Centurion Stevius and ready to catch the wall transport (a bus) at 8.17am to take them to Once Brewed, the start of the eight mile march which included a visit to Housesteads Roman Fort and finished at Vindolanda. One thing is certain, the wall was not built on level ground!! but has many risings and fallings. However that did ensure that the troops stayed fit. A highlight for one member of the group was visiting a section of the

wall used in a Robin Hood film where he successfully fought the Sheriff of Nottingham and his men, after landing on the south coast and heading for Nottingham, via Hadrian's Wall!! Obviously a compass or GPS would have been a useful birthday present to Robin of Loxley, but it all looked authentic in the film.

expectancy was short and women were not allowed in the barracks, so the general view was NO THANK YOU.

After another good sleep the troops packed their kit and then were led on a gentle stroll round the town of Haltwhistle to learn more about its history.

After a morning of sun and fresh breezes the English drizzle started in the afternoon, so refreshing cups of tea at Vindolanda helped to revive the troops before they caught the transport back to the hotel to bathe, use essential oils?, eat grapes?, or put their feet up and then prepare themselves for the evening Roman Banquet. A wide range of Roman delicacies (food not ladies) were on offer – Panis Glires (stuffed Dormouse), Patina de Piscis Fricta (fried fish in an egg and curry batter), Pullus Pathicus (chicken breast in caraway and red wine sauce) being just a few of the wonderful offerings. Replete with good food and muchius wine they reclined gracefully for a Roman Army Recruitment Presentation by Centurion Jefficus Flavius Courtantis.

Much essential information was obtained from this seasoned soldier and after being told that weekly training would involve a 22 mile route march carrying 45kg backpack whilst wearing full armour and with leather open sandals on their feet (not Sherpa boots), the initial enthusiasm to help Hadrian began to fade. The lessons on swift, bloody but effective killing with various weapons revived their spirits but the pay was not good, life

After lunch the main part of the cohort travelled on to Lanacost Priory for a chance to add to their knowledge on monasteries and, sadly, their destruction.

A BIG thank you to Steve and Anne, and all involved, for arranging such a splendid weekend which was thoroughly enjoyed by all concerned. There will be pictures on the web site for you all to view and come to your own conclusions.

HAIL CAESAR
Reportia Scribia to the Cohort –
Judith Ridgway



Walking Group climb Chinley Churn

Where were our hardy walkers in July? Are they only out in fine weather, or when there are photo opportunities??

After the June mystery walk, and delights of Hadrian's Wall, the mystery was where are they?

In July, John McCartney took 7 of us onto Chinley Churn. This hill has one of the finest panoramas in the Peak District, and in spite of the occasional drizzle, we were able to see a vast array of hills, reservoirs, and valleys. We could also spot

train tunnel chimneys, TV masts, Lyme Cage, and more distantly the new Beetham tower in central Manchester. Only Kinder Downfall was elusively out of sight behind the mist.

At the summit, there is the stunning surprise view from "big stone", one of the outcrops on the large former quarrying area of Cracken Edge, which provided the perfect spot for our sandwiches.

It was a place to marvel at

the hardy farmers and miners of former generations. How did they survive high on these boggy moors in years past, before there was any possibility of global warming to ease their lives?

John led us expertly round the tracks and paths, and up the inclines. Did he really have a hip mended only 4 months ago, or was it a myth? Thanks John, for a fascinating walk.

Walter Mason



Bowling Visit to Christleton

A busload of bowlers set out from High Lane on their second annual outing to the bowling greens at Christleton, hoping that the weather would be kind to us after the extremes of the previous two weeks. Luck seemed to be with us and we completed the first two rounds of our tournament on the beautifully prepared greens, without difficulty apart from trying to remember what the rules were. Unfortunately, the rain came back during the third round forcing a soggy retreat to the clubhouse and an early sandwich lunch provided by the

club staff.

Having reconciled ourselves to an afternoon of indoor games, the rain began to ease off after about an hour of cards and board games and the ghostly presence behind the clouds was identified as the sun. This enabled a cautious restart and the slowly improving weather then allowed an uninterrupted and enjoyable afternoon of bowling.

The tournament was rounded off by a "two shots each" target bowling competition with the winners being Grace Shaw and Joyce Blease. The day ended with an excellent

dinner served in the club dining room, followed by the award of numerous prizes and a comfortable homeward journey on our bus.

Once again we bowlers are grateful to Ken and Edna Bentley for their time and effort spent in organising another successful event.

Fred Sleigh



U3A at the Ri

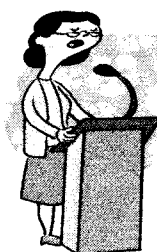
This is advance notice that the Annual Ri Lectures will be held 22nd April 2008

If you are intending to go to these superb lectures please let Ken Bentley know before the end of December 2007 so that tickets may be booked.

Please note that individual transport arrangements should be made in order to obtain the best travel costs. The details of the lectures have not yet been announced, however, the

standard in previous years has been excellent and varied covering a wide range of subjects and interest.

More details later.
Editor



High Lane Village Hall

is an important meeting place for our U3A and is a very good building in which to meet. Unfortunately the Village Hall Committee is becoming quite depleted and is in need of support, otherwise we may lose a valuable asset to the local community. We are looking for members of the U3A to volunteer their services to join this committee and give a little of their time to inspire a confidence in the future of the Village Hall.

Are YOU able to help in this valuable way? If so please see Doreen Scotte or John Speakman for further information.

Your Committee

Membership, our membership at our last committee meeting was 277 and the following people joined the High Lane U3A in July and August; Muriel Gray, Samuel Chapell, Alma Aldcroft, Eric Harlin, Patricia Thorne, Harry Walker, Hilary Walker, David Yates, Brenda Lovell, Richard Lovell and Sheila Smith. The committee would like to welcome you all and ask you, or any other member, to let any Group Leader or committee member know if you have any problems or suggestions. We hope you will enjoy your time with our U3A and continue your Life Long Learning.

Your Committee



Dancing

As the summer waltzes away we start a new season of dance lessons for those with twinkle toes or wishing to develop them. We have two excellent teachers who will guide you through the steps of both ballroom and latin. The dates are as follows up to Christmas.

Ballroom in the Village Hall

2.00pm to 4.00pm

£4.00 per lesson

or

£18.00 per term

September. 14th & 28th

October 12th & 26th

November 9th & 23rd

Party Time November 30th
Lesson-Quickstep



Latin American

Marple - The Scout Hut

£2.00 per lesson

£9.00 per term

September 19th

October 3rd 17th & 31st

November 14th & 28th

Lesson Jive & Cha-Cha

Come on unburden those two left feet.

Please note you need your own partner

Kath Taylor

Crime increasing?

The second meeting of the Discussion group took place on Wednesday 25th July at 17 Lynton Drive. Seven members attended. The subject was "Crime, causes and cures". The topic was chosen and ably presented by June Gibbs who had collated quite a lot of statistics for our information. We were able to suggest many

possible causes but unfortunately no cures other than the time honoured ones.

The last meeting on August 15th was held at the above address when the subject for discussion was chosen by Jim McDermott

Jim McDermott



A Walk in the Sunshine

The sun shone, as Louanne Collins took 14 of us to Broadbottom station, for an up and down walk in August, which was rewarded with brilliant views. We explored the Etherow valley in a relatively energetic 7 mile walk. We saw the preserved dye pans of the former Hodge Lane dye works, and plenty of local stone cottages and farms, in the lower part of the valley. On the higher stretches there were extensive and impressive views, of Bleaklow, Combs Edge and the Longdendale Valley to the East, and over Cheshire towards North Wales to the West. The walk did test us with some longish climbs, but the views, the varied scenery, and especially the beautiful descent through the Erncroft woods to the weir made it a walk to remember. Louanne had unanimous praise for this walk for it's lovely views and interest.

Walter Mason

Future Walks - all are welcome to join the walking group on their future walks and enjoy the and explore local area and find new friends.

Future Walks:-

On Wednesday, 26 September, Mike and Margaret Snape will take us to the Peover area for an easy 4 mile walk. Meet at the Village Hall at 9.30, and bring a packed lunch. October 25th Roger & Jean Drinkwater will lead a walk in the Wilmslow/ Great Warford area. November 28th Steve Reynolds will lead a walk with a pub lunch in the Saddleworth area. Suggestions for a meal in December please.

German Group The meetings resumed on the 7th September.

In July we had an "end of term" lunch at the Royal Oak in High Lane which was very enjoyable.

We hope to make plans soon for our next trip to the German speaking world. For those interested in joining our exchange to Forchheim next year, it is likely to be in June. Exact dates have not yet been fixed.

Marlene Brookes

Needlework By the time you read this a group of us will have visited the Stitch and creative crafts exhibition at the G Mex on 31st August. where we will have picked up some ideas and purchased materials for our next projects..

We are still making greeting cards and some will be on sale at the meeting on 12th September

Marlene Brookes

Marple Bridge & Mellor (Open) Gardening Group

October 10th AGM and Gardening Quiz with prizes

November 14th A talk on Lyme Hall Gardens over the years by Garry Rainford.

December 12th Christmas decorations incorporating garden produce/cuttings and a Beetle Drive !!!(Not Live)

Meetings are held at Marple Methodist Church, Church Lane, Marple.

Coffee from 9.40 and the speaker at 10am. Cost £1.50

Contact Doreen Scotte 0161 427 4334 if you have any queries.

Bridge the following selection of hands are for you to ponder what you would open, playing standard ACOL, weak no trump, strong two's.

1. S Q82
H K97
D KJ63
C J54
2. S AK
H 765432
D AK
C QJ2
- £. S J543
H K987
D A2
C AJ2
4. S KQJ85
H QJ3
D 42
C 632
5. S AJ75
H AK93
D AQJ5
C 9

The answers are reasonably straightforward and will appear on the next issue.

Reading Group We are presently reading "The History of Love" by Nicole Kraus. We meet once a month at Sue Dintinger's house usually at 10am. The last meeting was on Wednesday 5th September, new members are welcome, come along and join us.

June Gibbs

What's in a Word

The English language is strange, have you ever wondered where some of our expressions come from? Like 'Apple of your eye,'

The apple of your eye is in fact the pupil. In the 9th century, the pupil was believed to be spherical, and was called "The Apple" of the eye, presumably because apples were the most common globular object in those days.

Medieval anatomists may have known little about the structure of the eye, but they knew that the pupil enabled us to see, and was therefore one of the most precious parts of the body. Gradually the phrase became a term of endearment, implying someone was as precious as sight. And as the original sense faded, the figurative ones stuck becoming one of the most used clichés in our language.

Editor

Dining Group

The September meal is on Thursday 27th—12.30pm will be at the Waltzing Weasel, New Mills Road, Birch Vale. The cost will be £8.00 for a 2 course meal including gratuities with tea & coffee paid for on the day.

We are trying to book Buxton Catering College for October or November. Further details at October meeting.

No meal organised by this group in December 2007 or January 2008.

Edna Bentley

Martin Smith's Special Irish Chocolate Cheese Cake

This cheese cake is the piece de resistance at the end of your dinner party.

It is a very rich cheesecake which needs serving in a small portion with a little single cream.



Ingredients

Cheesecake

400g of white chocolate (I use Sainsbury's).

7 tablespoons Bailey's Irish cream.

3 tablespoons of Irish whiskey.

500 ml of crème freche.

250 ml of double cream, lightly whipped.

Base.

250g of digestive biscuits, crushed.

50g of butter melted.

Method

Base

Preheat the oven to 180C. For the base combine the biscuit crumbs with the melted butter and use to line the base (s) of an 8" round or two 7" round flan cases.

Bake in a preheated oven for twenty minutes. Allow to go cold.

Cheesecake

Sit a small pudding bowl over simmering water; the water must not be boiling, as the white chocolate can be temperamental whilst melting. Add the chocolate and melt slowly, watching it carefully and stirring occasionally.

Meanwhile warm your mixing bowl and the wire whisks.

Measure the alcohol and place into a small jug ready for adding to the chocolate.

As soon as the chocolate has melted, pour it a lot into the mixing bowl and start whisking immediately. Slowly dribble in the alcohol. At this point the mixture will bind together in a firm mass, have faith it will be smooth as the last of the alcohol is added.

Fold in the crème freche and lightly whipped double cream, and then pour onto the cooked cooled base. Leave it in the fridge to chill and set for at least three hours.

Before serving top off with grated dark Belgian chocolate.

Sounds rather yummy Editor

Last Date for Copy for the NOVEMBER Newsletter
is **OCTOBER 25th**

Copy to Kenedna@aol.com

Time for a smile

Some comment from Medical records.

Since the patient stopped smoking his smell has returned.

The patient is 65 and fell, this was complicated by a lorry rolling over her.

For his impotence we will discontinue the medication and let his wife handle him.

She is quite hard of hearing. As a matter of fact she can't hear at all in her left eye.



Sinuses run in the family

Just a few thoughts

The early bird might get the worm, but the second mouse gets the cheese.

Few women admit their age, few men act theirs

The first lie detector was made out of the rib of a man and no improvement has ever been made on the original machine.

If you think no one cares if you are alive, just try missing a few instalment payments.

Birthdays are good for you, the more you have the longer you live.

Happiness comes through doors you didn't know you had left open.

When tempted to fight fire with fire, remember the Fire Service uses water.

Many lovely things pass out of life when jealousy comes in.

Remember that sometimes all a person needs is a hand to hold and a heart to understand,

Success always occurs in private and failure in full view,

You never really learn to swear until you learn to drive